

The Seaway Senior Citizens Chronicle

Seaway Senior Citizens 50+ Centre—506 Pitt Street, Cornwall, ON K6J 3R5 613-932-4969

Our most unique FUNdraiser yet !

October is a beautiful time of year for a drive in the country. Get your friends together and carpool for a great day discovering several stops along the way.

Visit club members Hilary Beaty and Larry Poiriers's Long Sault Farm where you will meet their three donkeys and participate in a unique 50/50 draw then meander along to the other venues at your leisure. Tickets for the draw will be sold in advance at our reception desk. This is a self guided tour and maps are available at the reception desk.



Donkey Do Drop-in Fall Country Driving Tour Saturday, October 24






Featured Stop - Long Sault Long Ears Farm
Location: 16735 SDG County Rd. 36 (Post Road)
South Stormont (1 pm - 3 pm)

Set amid the gentle farmland of South Stormont, this special homestead stop offers a warm welcome directly from our very own members, Hilary and Larry. Long Sault Long Ears Farm is home to a delightful trio of long-eared residents, offering guests a wonderful up-close look at farm life. There is also an opportunity to witness our one of a kind **Donkey Drop 50/50**. Tickets available on **Thursday, October 1st**.

Other Properties along the Tour include:

- Cornerstone Organics (10 am - 4 pm)
- Lost Villages Brewery (noon - 10 pm)
- Cedar Barn Homestead (goats & soap making) (10 am - 4 pm)

Pumpkinferno is also on at Upper Canada Village - you must book tickets in advance (6:30 pm - 10:30 pm)

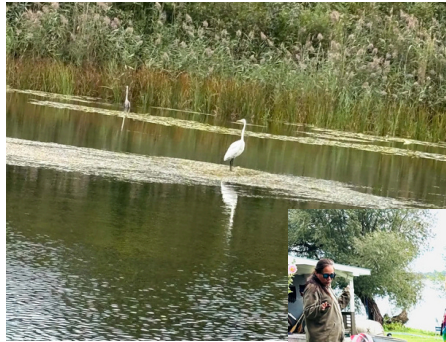


**Map with full directions at
Front Desk Reception
beginning Thursday,
October 1**

613 932 4969 • 506 Pitt Street, Cornwall • www.seawayseniors.ca

September Fun

Thompson Island



Open House & BBQ



Coming Events

SEAWAY SENIOR CITIZENS CLUB

Alzheimer Society

Dementia Friendly Community Training

with
Josée Desrochers Leduc

What is a Dementia Friendly Community? A Dementia Friendly Community is a place where people living with dementia and their care partners are understood and supported.

People with dementia and their care partners have the right to live well in the community, together.

Together, we can create a Dementia Friendly Community together. Let's learn how with *Josée Desrochers Leduc*!



Tuesday, October 6
1 pm - 3:30 pm
@ Oak Room

Register at
RECEPTION

FREE

613 932 4969 506 Pitt St. www.seawayseniors.ca

SEAWAY SENIOR CITIZENS CLUB

Estate Planning

with
Sabine Quesnel

Tuesday, October 13
1 pm

"Let's talk about your life and your legacy."
Sabine Quesnel

Learn what tools are available to a person when they wish to organize their affairs.

- Wills, Powers of Attorney
- Legacy and Personal Wishes
- Organizing Important Documents
- Practical Action Steps
- Peace of Mind

613 932 4969
www.seawayseniors.ca
info@seawayseniors.ca

Please Register at Reception

Lahaie & Sullivan Cornwall
FUNERAL HOME - WEST BRANCH
Dignity

506 Pitt St. Cornwall, ON **FREE**



SEAWAY SENIOR CITIZENS CLUB

Fall Fox Quilling Workshop

with
Elaine O'Byrne

Tuesday, October 20
1 pm - 3 pm
Oak Room



Register at
Reception \$20.

limit of 10 participants
*all supplies provided

More information:
613 932 4969
seawayseniors@gmail.com

www.seawayseniors.ca

506 Pitt St., Cornwall, ON

SEAWAY SENIOR CITIZENS CLUB

SAVE THE DATE

GENERAL MEETING
Tuesday, October 27
@ 1 pm
in the Oak Room



CONTACT INFORMATION
613 932 4969
seawayseniors@gmail.com
www.seawayseniors.ca

506 PITT STREET
CORNWALL, ON

SEAWAY SENIOR CITIZENS CLUB

Harvest Dinner Party

Join us for a delightful evening of good food, great company, and wonderful conversation.

Tuesday, OCTOBER 27
5 pm

MENU -
Chicken Parmagian, Penne Pasta,
Caesar Salad, Seasonal Vegetables,
Dessert, Tea and Coffee

Please Reserve and pay at Reception
Deadline October 23
Members \$20.
Non Members \$25.

506 Pitt St., Cornwall * 613 932 4969 * www.seawayseniors.ca




Coming Events

SEAWAY SENIOR CITIZENS CLUB



LEST WE FORGET PAINTING CLASS

sponsored and taught by staff of

CHARTWELL

TUESDAY, November 3
2 pm
Oak Room

This class is a special way to honour Remembrance Day. Taught and sponsored by our friends from Chartwell Chateau Cornwall, this guided class will lead you through painting your very own vibrant poppies. No previous painting experience is needed. All supplies are provided.

Phone: 613 932 4969
Email: seawayseniors@gmail.com
Website: www.seawayseniors.ca

FREE Book through Reception

Seaway Seniors Centre located at 506 Pitt St., Cornwall, ON

SEAWAY SENIOR CITIZENS CLUB FUNraiser

MANDALA ART WORKSHOP

with **Sandra Fortier HandMade Hugs**

Tuesday, November 10
1 pm - 4 pm



For Details: 613 932 4969
seawayseniors@gmail.com
www.seawayseniors.ca

Sign up at **RECEPTION**
*all supplies provided
limit 12 participants

506 Pitt St., Cornwall, ON **\$40.**

SEAWAY SENIOR CITIZENS CLUB

Presents



DIAL 211
Life Can Be Hard
Finding Help Can Be Easy

Contact 211 day/night for support for all of life's challenges.
• HELPLINE: Free, Confidential, 24/7, 150+ Languages

Tuesday, NOVEMBER 17
1 pm

- Health & Mental Health *
- Newcomers/Immigrants
- Food Banks/Meal Programs
- Housing/Shelters/Utilities
- Seniors Services/Homework
- Government Services
- Disability Support

Mr. John Hoyles is the Executive Director at Community Navigation of Eastern Ontario/211 East. He will at Seaway Seniors to answer your questions about 211. Life may be hard but 211 is here to help!

Phone: +613-932-4969
Email: seawayseniors@gmail.com
www.seawayseniors.ca
506 Pitt St. Cornwall, ON

SEAWAY SENIOR CITIZENS CLUB



Grapevine WREATH WORKSHOP

with **Ann Wolte**

Join a unique hands on workshop where you'll craft your own decorative grapevine wreath from start to finish. Perfect for all skill levels!

*All Supplies Provided
Please Register at Reception
*12 participants

TUESDAY, NOVEMBER 24
1:00 PM
506 Pitt St., Cornwall, Ontario

seawayseniors@gmail.com 613 932 4969 www.seawayseniors.ca

\$20.

SEAWAY SENIOR CITIZENS CLUB

BAKING, FUN AND GREAT GIFTS!

SILVER SNOWFLAKE ART & CRAFT MARKET & CAFE

with **GINGERBREAD HOUSE CONTEST**

SATURDAY, NOVEMBER 21
10 AM - 2 PM

Table Rentals:
3' x 6' \$20. members
3' x 6' \$30. non members
4' x 4' \$10.

Contact Club Reception
(5th St. Entrance)

613 932 4969
seawayseniors@gmail.com
www.seawayseniors.ca

Centre at 506 Pitt St. (corner of Pitt & 5th) Cornwall

SEAWAY SENIOR CITIZENS CLUB



DENNIS RILEY MEMORIAL BID EUCHRE Tournament

Calling all Bid Euchre fans to join us for our 2nd Annual Dennis Riley Memorial Tournament

SATURDAY, NOVEMBER 28
In memory of Dennis' 1st Heavenly Birthday
at Seaway Senior Citizens Centre
506 Pitt St., Cornwall
Registration: 10:30 am
Game starts: 11:00 am

\$20 entry fee per player
All proceeds to benefit Seaway Seniors

For pre registration speak to Diane Riley or call 613 938 7776

October Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OCTOBER '26 506 Pitt St, Cornwall 613 932 4969 seawayseniors@gmail.com www.seawayseniors.ca	Activities are often organized by Volunteers. These Members generously give of their time and energy. They sometimes must make changes to the schedule due to unavailability or illness. These changes may not be reflected in the Calendar. Please check with the Activity Leader or the Office if you are unsure. <i>*Donkey Do Drop-in: Saturday, October 24 (details @ Reception)</i>		1 8:00 am Beginner Guitar 8:45 am Exercise – GBC*** 10:15 am Novice Line Dancing 10:30 pm Guitar Practice level 2, 3 1:00 pm Jamming 1:00 pm Mah-jongg GBC*** gentle body conditioning	2 9:00 am Chair Yoga 9:30 am Swedish Weaving 9:30 am Choir 10:30 am Intermediate Exercise 1:00 pm Bid Euchre 1:00 pm Canasta 1:00 pm Darts
5 9:00 am Chair Yoga 10:00 am Cribbage 10:30 Exercise Intermediate 1:00 pm Bid Euchre 1:00 pm Canasta 1:00 pm Melody on the Move 1:00 pm Shuffleboard	6 8:45 am Exercise – GBC*** 10:00 am Art Group 10:15 am Novice Line Dancing 10:15 am Intermediate Line Dance 1:00 pm Crafter's Choice 1:00 pm Dementia Friendly Training 1:00 pm Euchre 2:00 pm Tai Chi 6:00 pm Jamming	7 9:00 am Chair Yoga 10:30 am Intermediate Exercise 10:30 am Guitar Practice 1:00 pm Bid Euchre 1:00 pm Knit Wits 4:00 pm Learn to Sing pending	8 8:00 am Beginner Guitar 8:45 am Exercise – GBC*** 10:15 am Novice Line Dancing 10:30 pm Guitar Practice level 2, 3 1:00 pm Jamming 1:00 pm Mah-jongg 1:00 pm Seaway Strings	9 9:00 am Chair Yoga 9:30 am Swedish Weaving 9:30 am Choir 10:30 am Intermediate Exercise 1:00 pm Bid Euchre 1:00 pm Canasta 1:00 pm Darts
 12 THANKSGIVING DAY CLOSED	13 8:45 am Exercise – GBC*** 10:00 am Art Group 10:15 am Novice Line Dancing 10:15 am Intermediate Line Dance 1:00 pm Crafter's Choice 1:00 pm Estate Planning 1:00 pm Euchre 2:00 pm Tai Chi 6:00 pm Jamming	14 9:00 am Chair Yoga 10:30 am Intermediate Exercise 10:30 am Guitar Practice 1:00 pm Bid Euchre 1:00 pm Knit Wits 4:00 pm Learn to Sing pending	15 8:00 am Beginner Guitar 8:45 am Exercise – GBC*** 10:15 am Novice Line Dancing 10:15 am Intermediate Line Dance 10:30 pm Guitar Practice level 2, 3 1:00 pm Jamming 1:00 pm Mah-jongg 1:00 pm Seaway Strings	16 9:00 am Chair Yoga 9:30 am Swedish Weaving 9:30 am Choir 10:30 am Intermediate Exercise 1:00 pm Bid Euchre 1:00 pm Canasta 1:00 pm Darts
19 9:00 am Chair Yoga 10:00 am Cribbage 10:30 Exercise Intermediate 1:00 pm Bid Euchre 1:00 pm Canasta 1:00 pm Melody on the Move 1:00 pm Shuffleboard	20 8:45 am Exercise – GBC*** 10:00 am Art Group 10:15 am Novice Line Dancing 10:15 am Intermediate Line Dance 1:00 pm Quilling Workshop 1:00 pm Crafter's Choice 1:00 pm Euchre 2:00 pm Tai Chi 6:00 pm Jamming	21 9:00 am Chair Yoga 10:30 am Intermediate Exercise 10:30 am Guitar Practice 1:00 pm Bid Euchre 1:00 pm Knit Wits 4:00 pm Learn to Sing pending	22 8:00 am Beginner Guitar 8:45 am Exercise – GBC*** 10:15 am Novice Line Dancing 10:15 am Intermediate Line Dance 10:30 pm Guitar Practice level 2, 3 1:00 pm Jamming 1:00 pm Mah-jongg 1:00 pm Seaway Strings	23 9:00 am Chair Yoga 9:30 am Swedish Weaving 9:30 am Choir 10:30 am Intermediate Exercise 1:00 pm Bid Euchre 1:00 pm Canasta 1:00 pm Darts
26 9:00 am Chair Yoga 10:00 am Cribbage 10:30 Exercise Intermediate 1:00 pm Bid Euchre 1:00 pm Canasta 1:00 pm Shuffleboard 1:00 pm Melody on the Move 1:00 pm Book Club	27 8:45 am Exercise – GBC*** 10:00 am Art Group 10:15 am Novice Line Dancing 10:15 am Intermediate Line Dancing 1:00 pm General Meeting 2:00 pm Tai Chi 5:00 pm Harvest Dinner	28 9:00 am Chair Yoga 10:30 am Intermediate Exercise 10:30 am Guitar Practice 1:00 pm Bid Euchre 1:00 pm Knit Wits 4:00 pm Learn to Sing pending	29 8:00 am Beginner Guitar 8:45 am Exercise – GBC*** 10:15 am Novice Line Dancing 10:15 am Intermediate Line Dance 10:30 pm Guitar Practice level 2, 3 1:00 pm Jamming 1:00 pm Mah-jongg 1:00 pm Seaway Strings	30 9:00 am Chair Yoga 9:30 am Swedish Weaving 9:30 am Choir 10:30 am Intermediate Exercise 1:00 pm Bid Euchre 1:00 pm Canasta 1:00 pm Darts

Remember to check the bulletin board beside the stairs at reception for notices of all upcoming events. Printed copies are also available at the front desk outside the library and posted on our Facebook page and on our website.

Some events require advance registration and payment deadline and some have a participation limit - be sure to make note of those details.

Don't Miss Out on the Fun!!

This 'n That

Tables & Chairs and Chairs & Tables

REMINDER:

It is the responsibility of each group to set up the tables and chairs according to their needs and to take them down when their activity is over.

Chairs can be pushed against the wall for the next group to set up according to their needs.

There are some exceptions such as the Birch room where all groups use the same table layout.

The bid euchre players are fortunate that the fitness class kindly set up the tables and chairs for the Monday, Wednesday and Friday games. However, the take down of tables and chairs remains the responsibility of the bid euchre players.

If you are physically able we appreciate your willingness to lend a hand so that this chore does not fall to the same people all the time. Just moving your chair against the wall as you leave makes a big difference. Layout grids will be made available as a guide to setup.

Thank you

Made with PosterMyWall.com

50/50 WINNER

August 2026 Winner is
Barb Lavallier

Prize Amount: \$180.00

Thank you to everyone who
participated - your support helps our
club thrive!

Draws are held on the last Friday of
every month

Don't miss your chance to be the next
winner

The Pie Lady 

Let me bake for you... made to order!

MENU

	Pies	Apple \$12.	Strawberry / Rhubarb \$15.
		Blueberry \$15.	Cherry \$15.
		Pecan \$15.	Pumpkin \$12.
		Sugar \$12.	Meat Pies (December) \$15.

	Squares	Date	Brownies	Lemon
	Cookies	Chocolate Chip	Shortbread	Oatmeal & Butter Tarts

Squares, Cookies, and Tarts
\$12. a dozen

Order from Colleen Fitzpatrick
answering machine: 613 933 4996 or text: 343 585 2930
20% of proceeds donated back to 

October Menu Centre Charles Emile-Claude

October 7

- Butternut Squash Soup
- Traditional Turkey Dinner
- Pumpkin Pie

October 14

- Pea and Ham Soup
- Meat Loaf with Butter Noodles & Veggies
- Cheese Cake with Fruit Coulis

October 21

- Chicken Noodle Soup
- Shepherd's Pie
- Rich Chocolate Cake

October 29

- Tomato Beef and Rice Soup
- Mustard Chicken Schnitzel / Veggies / Roast Potatoes
- Lemon Poppy Seed Cake & Cream Cheese Frosting

Meal - \$8 Soup - \$3 Dessert \$2
Call 613 932 1035 to order
146 B Chevrier Ave., Cornwall, ON

Poetry Corner

Fascinating

Through a child's eyes, everything is
fascinating
The caterpillar slowly moving
The differently shaped rock
That you picked up for good luck
The ant's big loads on their backs
The worms twiggling - just a bird's snack
Splashing in the paddles with your
yellow rubber boots
Playing outside, kicking the ball with
your foot
Bringing a dandelion to your
mother with love
Gazing at the stars up above
The child's wonders are fascinating
Bring back that feeling...

Nelene Summers
2026



©Refact International

In the Library

October SEAWAY SENIOR CITIZENS CLUB Library



Resurrection Walk

Michael Connelly (2023, 416 pages)

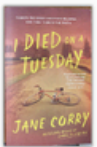
Lincoln Lawyer enlists the help of his half-brother, Harry Bosch, to prove the innocence of a woman convicted of killing her husband.



Courage for the Cabinet Girl

Molly Green (2024, 421 pages)

This historical fiction immerses readers in the lives of people enduring and living through WWII in the heart of London. Churchill's Cabinet War Rooms are full of secrets . . .



I Died on a Tuesday

Jane Corry (2024, 421 pages)

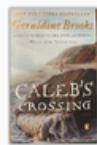
Eighteen year old Janie White is about to embark on a book publishing career. In one swift moment, her life is forever changed when she is brutally run down by a van and left for dead on the street.



Where Coyotes Howl

Sandra Dallas (2023, 304 pages)

1916 Wyoming - Ellen, a teacher, and Charlie, a rancher, face winter blizzards and relentless summer heat. But they look after one another, share secrets, and help each other in times of need.



Caleb's Crossing

Geraldine Brooks (2011, 311 pages)

Martha's Vineyard in the 1660s - Bethia's father is a Calvinist Minister who seeks to convert the Native Wampanoag. Caleb becomes the first Native American graduate of Harvard University.



The Retreat

Elisabeth de Mariaffi (2021, 274 pages)

Maeve Martin arrives at the Centre for the Arts to launch her own dance company. But when an avalanche traps the guests inside, tensions run high.

I have always imagined that Paradise will be a kind of Library.

- Jorge Luis Borges

Knowing and Growing

***News of our
accessible garden is
spreading.***

Here is a copy of an article
published in the OACAO
(Older Adult Centers'
Association of Ontario) Fall
Newsletter.

Here's hoping other senior
centers will be inspired to
start their own gardens
and enjoy it as much as we
do.

***Thank you to Karen
Cooper and all of our
dedicated garden
volunteers for making it
happen***

OACAO



Fall 2021

"Good Medicine"

**Growing Healthier Community with
Seaway Seniors and Friends**

Seaway Senior Citizens Club is celebrating well over four decades of growing healthier community this September as they not only plant a New Health Resource Team but harvest what their Mohawk friends and neighbours call "Good Medicine".

Darleen's Accessible Community Garden Project was launched by the Seaway Seniors three years ago in Cornwall's downtown behind their Seniors Active Living Centre.

Funded by the Ontario Trillium Foundation's 2023 Resilient Communities Fund, the Garden was created to support healthy community and named in honour of the Club's former cook, Darleen Guindon, who inspired the project and passed away in 2024.

This fully accessible garden gives older adults and people with differing abilities the chance to enjoy gardening and fellowship. Built with community partners, it continues to grow what Akwesasne Club members call "good medicine" as senior volunteers nurture healing for mind, body, and spirit.

Special Project Coordinator Karen Cooper has guided the work from the start, drawing on her experience with elders and the Mohawk Council of Akwesasne's gardens. After a serious injury left her using a wheelchair for months, she gained firsthand insight into true accessibility while planning a safe, inclusive growing space with elders and students.

Karen says the Seaway Seniors are grateful for partners who have supported the project through three growing seasons—from Navy Cadet Band volunteers who first cleared invasive knotweed, to La Citadelle students who built raised beds, to Cornwall Collegiate students who designed mobility-friendly layouts. Local schools continue to join seniors in planting, harvesting, and learning through hands-on workshops led by retired Master Gardeners and Horticulturalists. This spring, the Cornwall and District Horticultural Society added more raised beds and pollinator plants. Over the years, dozens of bags of fresh produce have been shared freely with local seniors and community members.

Since the Garden's first season, Seaway Seniors have celebrated each harvest with a traditional meal at Akwesasne's Thompson Island Cultural Camp—braiding sweetgrass, exploring medicinal plants, and cooking corn soup and fried bread. This year's visit takes place in September, when Seaway Seniors will once again share Sken:nen ko:wa — great peace.



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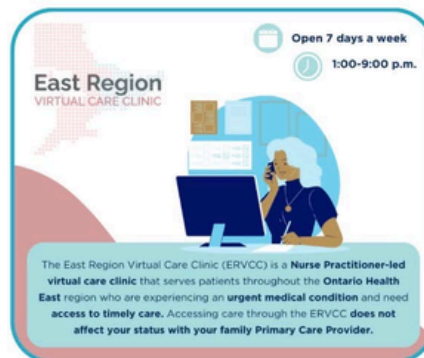
Your Health Matters

The great River Ontario Health team's recent visit to our club provided a wealth of information including information on the East Region Virtual Care Clinics which offers free services provided by Nurse Practitioners to Ontario residents in English or French 7 days a week from 1 pm to 9 pm you can obtain more information by calling 1-888-684-1999 or by visiting their website at virtualcareontario.ca

This is of particular interest to those who are unable to easily visit a physician in person particularly during the upcoming winter months.
these three graphics were part of their presentation.

Making It Easier to Get Care

Virtual Care: Healthcare from the comfort of home



- Timely access to virtual care (phone or video)
- Free
- Doesn't require a health card
- Can access whether you have a primary care provider or not
- Available in English and French
- 7 days a week from 1-9 pm, including public holidays
- For medical issues that are NOT life-threatening but require urgent medical attention
- www.virtualcareontario.ca or call 1 888-684-1999

Where Can You Go When You Need Help?

Need a new doctor or nurse practitioner?

Register at Health Care Connect:

Find a family doctor or nurse practitioner | ontario.ca or call 811

Need help finding services?

- Great River OHT website Connect to Services tab:
[Connect to Services - Great River Ontario Health Team](#)
- AccessCSS can help (for Eastern Ontario only): [Senior Care Services | AccessCSS | E. Ontario](#)
- General health advice and finding health services (province wide): [Home - Health811](#) or call 811

Are you a caregiver?

Find resources on the Great River OHT webpage for caregivers:

[Explore Supports - Great River Ontario Health Team](#)

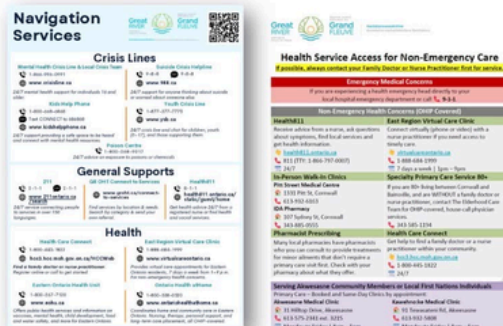
Find information on the Essential Caregiver Program here:

[Essential Caregiver Program - Great River Ontario Health Team](#)

Find support and information from the Ontario Caregiver Organization here:

[Homepage - Ontario Caregiver](#)

Navigating the System



groht.ca/explore-supports



Supporting Patients and Caregivers

Did You Know?

October to December benefit payment dates

2026

Canada Groceries and Essentials Benefit
(formerly the GST/HST credit):

OCTOBER 5

Canada Pension Plan and Old Age Security:

OCTOBER 28

NOVEMBER 26

DECEMBER 22

Canada

Cornwall TRANSIT

Getting you there!

Great News!

Starting Sunday, September 27
Cornwall Transit buses will run
7 DAYS A WEEK!
Yes! Buses on Sundays too!

More places. More possibilities.

Let's Ride on Sundays!
Whether you have a car or not, the bus is a great option!

- Go shopping
- Visit a park with your family
- Enjoy a restaurant
- Meet friends
- Go to community events
- Visit the library
- Get to work
- Explore our beautiful city

Support Local
Use the bus on Sundays!

By using the bus on Sundays, you help:

- Keep the service going
- Support local jobs
- Help our local economy
- Make Cornwall a more connected and vibrant community!

Together we keep Cornwall moving!

Who's responsible for what?

Different levels of government are responsible for different services. Here's a quick guide to help you know who to contact.

FEDERAL GOVERNMENT (CANADA)	PROVINCIAL GOVERNMENT (ONTARIO)	MUNICIPAL GOVERNMENT (SOUTH GLENGARRY)
Airports	Health care	Municipal council and local governance
Borders and immigration	Education (elementary and secondary)	Local roads and infrastructure
Employment Insurance and pensions (CPP)	Labour and employment standards	Parks, recreation and community facilities
National defence	Driver's licences and highways (provincial)	Waste collection and landfill
Currency and banking	Housing	Water and wastewater services
Fisheries and oceans	Justice and correctional services	Planning, zoning and development
National parks	Environment and conservation	Fire services and emergency management
Canada Child Benefit and other federal benefits	Social assistance (Ontario Works, ODSP)	Municipal property taxes
		Local community programs and services

Three levels of government. A stronger community when we all work together.

ONTARIO RENTAL RULES ARE CHANGING

New Residential Tenancies Act (RTA) changes take effect **September 21, 2026**

Here's what tenants and landlords need to know:

Less time for unpaid rent If a tenant receives an N4 notice for non-payment of rent, the notice period is now 7 days (instead of 14 days). If the rent is still unpaid after 7 days, the landlord can apply to the Landlord and Tenant Board (LTB) for eviction. The LTB process still applies.	New definition of persistent late payment Rent that is received more than 7 days after it was due at least three times within six months is now considered persistent late payment. Other circumstances may also qualify.	Tenants must pay 50% to raise other issues If a landlord files a rent-arrears application on or after September 21, a tenant who wants to raise other issues (such as maintenance problems or interference with tenant rights) at the hearing must pay 50% of the rent arrears claimed at least 7 days before the hearing. You must also still give the landlord and LTB a description of those issues at least 7 days beforehand.
Changes to landlord's own-use evictions (N12) For an N12 served on or after September 21 for a landlord's own use, if at least 120 days' notice is given, the landlord no longer has to pay compensation or offer another acceptable unit. With less than 120 days' notice, the existing compensation requirements still apply. This change does not apply where the N12 is for a purchaser's own use.	Stronger protections against bad-faith evictions The landlord or other person named as requiring the unit must normally move in within 60 days of the termination date on the N12. If they don't, there is a presumption of bad faith if the former tenant brings a T5 application. The landlord can try to rebut this presumption at the hearing.	Renovictions and delays to eviction - Tenants who have the right to return after renovations must be given updates and 60 days' notice when the unit is ready. - The deadline for certain T5 applications has been expanded. - The LTB now has more limited ability to delay an eviction. Where a landlord doesn't agree to a delay, the LTB must be satisfied that compelling reasons exist and that the delay would not be unfair to the landlord or other tenants.

These changes do NOT allow landlords to evict tenants on their own, change the locks or simply order someone out because rent is 7 days late. The legal process through the LTB still applies.

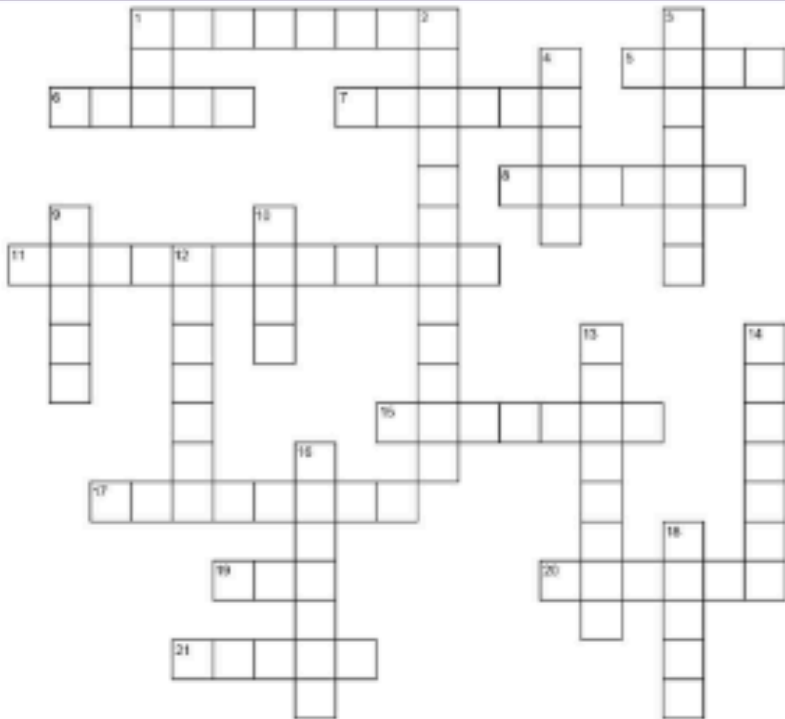
Know your rights. Know the rules.

Ontario

Puzzles



crossword puzzle



WORD BANK:

- BAT
- BLACK CAT
- BOO
- BROOM
- CANDY
- COSTUME
- FALL
- GHOST
- HAUNTED
- MASK
- MUMMY
- OCTOBER
- POTION
- PUMPKIN
- JACK O LANTERN
- SKELETON
- SPIDER
- TREAT OR TRICK
- VAMPIRE
- WEREWOLF
- WITCH
- ZOMBIE

DOWN:

1. What a ghost says.
2. A door-to-door Halloween tradition.
3. It drinks blood.
4. A witch's transportation.
9. The "treat" from trick or treating.
10. A face covering that's part of a costume.
12. Halloween occurs in this month.
13. All of the bones in a body.
14. Often carved or baked into pies.
16. An outfit worn on Halloween.
18. She cast magical spells.

ACROSS:

1. A witch's favorite animal.
5. The season when Halloween occurs.
6. An apparition; a spirit of the dead.
7. Eight legged web spinner.
8. A reanimated corpse; the walking dead.
11. Pumpkin with a carved face.
15. Inhabited by ghosts.
17. It come out during a full moon.
19. Animal associated with vampires.
20. Magical liquid brewed in a cauldron.
21. A preserved body wrapped in bandages.

Laughter is the Best Medicine



On her first day at the retirement home the new manager addressed all the seniors highlighting her most important rule:

"The female sleeping quarters will be out-of-bounds for all males and, likewise, the male dormitory will be out-of-bounds to the females. Anybody caught breaking this rule will be fined \$20 the first time."

She continued.

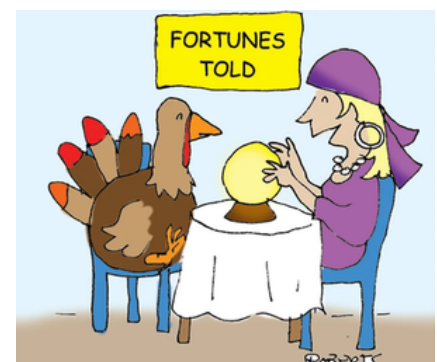
"Anybody caught breaking this rule the second time will be fined \$60 and, if you're caught a third time it will cost you a fine of \$180. Are there any questions?"

At this point, an older lady named Kathy stood up in the crowd and inquired.....

"How much is it for a season ticket?"



note: this is not a reference to any club members by the name of Kathy !



"Avoid all Thanksgiving dinner invitations"



Our center is a busy place and we couldn't get everything done without our valued volunteers.



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Volunteers are always required for a variety of tasks including answering phones and registrations at the front desk, leading in-house activities, helping with event coordination, sharing your expertise in a presentation to members, joining our fund raising committee, submission of articles of interest to our newsletter, working with our various committees and more.

If you are able to help out a few hours a month or more, we would love to have your help. Please contact the following members:

Front Desk Volunteers:

Carol Travers

Event Volunteers:

Karen Cooper

Public Relations Volunteers:

Don Crites

We Thank You

Mission Statement

To ensure that older adults in the Cornwall area have opportunities and choices that lead to healthier lifestyles

